



PRICELESS



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THE VILLAGE JOURNAL

Serving communities in Bundjalung Country, Northern Rivers... Rosebank, Dunoon, Clunes, Bexhill, Mullumbimby, Federal, Eltham, Whian Whian, Eureka, Dorroughby, Corndale, Goonengerry, Upper Coopers Creek, Numulgi



Eastern Bearded Dragons - S. McGrigor

This month...

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The Village Journal Editorial

Change is a coming!

Every time I watch the news or glimpse a headline lately it occurs to me what a strange time we are living through. We are at the dawning of a new age and living through the time of the great divide. All around the world there seems to be definite signs of a changing of the guards occurring as old and dominant power structures and systems begin to collapse.

Some truly amazing and revolutionary things are occurring as people are letting go of outdated models that no longer serve them and are embracing new ideals and technologies, reconnecting with themselves, each other and within their communities.

The oligarchy or 'powers that be' don't like these shifts taking place as it represents a loss of control and power therefore they are reacting the only way they know; by extending their reach through governmental policy changes, subtle changes in terminology (word play) and through the manipulation of the media. All of which is done to ramp up the level of fear to control and manipulate the populace into being complacent and docile.

Historically the media have been 'the gate keepers' of the information but with the advances in technology, from smart phones to the Internet even that paradigm has shifted. Never before have people had access to information from around the world in real time and from the grass roots level.

But it's not all sunshine and roses; even as more people are starting to wake up to the system there is confusion amongst some and predictably this vulnerability is being played upon. We have the Abbott Liberal Government running around stirring up hatred and fear telling anyone who will listen that we are facing 'an existential threat' from the 'death cult' that is ISIL or ISIS or DASH (all 3 one and the same) and that they 'are out to get every one of us'.

Meanwhile the actual threat to the Australian people and our way of life is climate change and the degradation of our environment. This threat undermines some very rich people's cash flow so it is being ignored, sacrificed to the almighty dollar.

Let's keep it all in perspective, stay focused and not buy into the fear. We have the tools and the technology to save our race but we must change our ways. It's that simple.

I can feel the change in the air – 'be the change' has become my mantra.



Freedom Vivian

Readers Forum...

Thanks again for all your great work on the VJ - it keeps our community nourished.

Dear Freedom,

At best, your article on fluoride in the July VJ is clumsy, in its justification for assault of a democratically elected public official. At worst, it is culpable.

I don't agree with fluoridation of our water, but my viewpoint is fairly moderate. Especially I think, when measured against yours. I think fluoride is clearly good for your choppers, but that people's oral health should be their own responsibility. I can see a case for Council to send out fluoride tablet vouchers with the rates notice and let the punters decide to chew on a fluoride tablet if they don't want to spend heaps of money on fillings, or throw the voucher in the bin and live with shoddy teeth, if they don't wish to take part in an elaborate nazi conspiracy trying to rat poison the northern rivers and take over the crystal castle. Sure, choice is good. I get that.

But the start of your piece tries to justify, in an inelegant and inciteful manner (see what I

did there? used a homophone, the most confusing tool in the english language), an assault on our Mayor Jenny Dowell (i voted for Jenny. I wish she was standing again, cause I'd vote for her again). I agree with your point, that if you are an elected public official, you ignore people at your own peril. But I think you presented that point poorly and may have even misrepresented the fact that the only peril that should exist for honest and hardworking elected officials is they get voted against. You don't whack them on the head with a bat with a rainbow crocheted handle grip (this is only my metaphorical representation of the assault on Mayor Dowell)

Sheez. Its crazy. Maybe I've misinterpreted your intention, and I'm happy to give you the benefit of the doubt. But if your an editor, your intention should be unambiguous. Can you clear it up for me?

Thanks for editing the VJ. Its a tough gig I'm sure.

**Matt Corbett
Corndale**

Dear Matt,

To be truthful, I probably should have reworded the beginning of my piece on

Fluoride but wish to clarify I did not 'justify an assault on the mayor' but merely pointed to the facts. So therefore it is safe to say that I am not 'culpable' of anything other than maybe a bit of clumsy writing. When working to a deadline, time is of the essence and sometimes articles get through without as much scrutiny as they would get in an ideal world. But that said in actuality I am probably more worried about alerting you to the dangers of Fluoride than fussing about my writing. For your

reading pleasure I have included your letter in its second 'publishable' version, unedited of course to highlight to you just how easy it is to criticize and how hard it actually is to write anything (well).

Kindest Regards

Freedom

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Calling all activists, artists and know-it-alls
– the VJ needs you!

Contact Freedom:

editor@villagejournal.org.au

Readers Forum...

Dear Editor,

Very upset at the article on 'Follow the money on Fluoride'. Not only was it imbalanced, the comments on Jenny Dowell's assault were worrying. What are you suggesting? Isn't it a crime to assault a person; someone just walking the street in Lismore. Does it matter that they are a public official?

Your comments made no mention that it was a vote passed by the whole of Lismore City Council, members of the different factions in council, and not just the Mayor; members who were democratically elected by the people of Lismore. It was the council body that passed the support for fluoridation.

And where are the statistics on the support of the anti-fluoridation? I know of no extensive survey in the Lismore City area. And what of the mal-effects of fluoride water? My dentist supports fluoridation! What science are you quoting when you say fluoride is so dangerous? It's in my Colgate toothpaste!

Most people I speak to support the move to fluoridation. And it's been in Sydney's water for nearly 50 years! Growing up in Sydney my dental health improved after its introduction; great as mum didn't have the money to take us six kids to the dentist.

Overall, a very disappointing article, and not what we're used to in the VJ!

Kevin Bell
Repentance Creek.

Dear Kevin,

Thank you for your letter from which I can ascertain that you are in your late 50s or 60s. Therefore I can imagine my article probably worries you on a few levels and I would like to address your concerns individually if I may and clear up the main issue. As an

activist and pacifist I support non-violent action. It was not my intention nor is it my position to condemn or condone the act of 'physical assault' on the Mayor but to draw attention to and highlight the overlooked facts in the Fluoride case. My intention was to play Devil's Advocate, to report on what I was hearing on the streets, and ask whether poisoning the water with a known neurotoxin is an act of violence. It seems some 'violence' is more acceptable than others. Perhaps the 'attacker' should have concocted Jenny a cup of tea and everyone would have been OK with it? (That was sarcasm- for anyone getting their pen out).

A Poll (not very scientific I know) run in the Northern Star in August 2013 found that 35% in favour and 58% opposed to the adding of Fluoride with 5% being unsure.

In regards to the council vote you are correct - The Lismore City Councillors voted 3 times in one year on this matter. Cr Ekins is the only counsellor with a science degree and her stated position was 'if in doubt don't add Fluoride'. Despite the large number of anti-fluoride proponents who were in attendance the third and final motion against fluoridation was defeated by 6-5.

Where is the science?

Good question. In the 1950s they loved science and chemicals, fluoride and asbestos. It was an exciting time and no one really questioned authority figures. The science behind Fluoride is weak and inadequate and even if Fluoride was the best way to treat dental cavities no Doctor anywhere has ever said 'Take as much or as little of this drug for as long as you like'. There is in fact an ever growing body of evidence on the adverse health effects on humans and animals bone and IQ from Fluoride but in truth you have to seek it out.

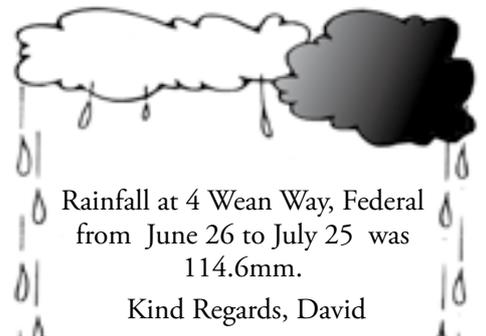
But here are some actual facts about Fluoride.

- Fluoride has been defined by the FDA (Food and Drug Administration in the US) as a drug.
- The FDA has also confirmed it is unapproved and untested drug and there has never been any studies that demonstrate either the safety or effectiveness of adding Fluoride to the local water.

Educate yourself. You say that 'most people you know support Fluoride' and this may be true but the reality is most people get their 'knowledge' from watching the evening news, they aren't scientists and they don't know what they don't know. Once you start to think of the news as advertising for big business and entertainment then you stop relying on your local media for education or guidance about Fluoride.

The fact is the general public need to wake up to the fact that the mass media do not question what they are being told; they just relay it to the general public as fact because they do not get paid to ask the hard questions but to entertain. Journalists, editors and owners are not scientists and they too rely on the authority of others.

Cont. pg 4



Hey there everyone,

My name is Madee and I have just moved to Federal Village. I am a long time local and have been a mechanic in the area for several years. I now have my own business as the area's local Mobile Mechanic, and I'd love to help the community, no job too big or too small.

Call today for a quote or if you have a question about something.

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Hits and Misses

A big shout out and thank you to Michael Reid. Thanks for your donation and your ongoing encouragement and support of the VJ.

Apologies to Michael Coleman and the kids and parents of Eureka Public School for not publishing your schools update in last month's edition.



For more information on the effects of Fluoride try an internet search for 'scholarly article on adverse health effects from Fluoride'. Or if you're not too tech savvy then read 'The Case against Fluoride' by Paul Connett PhD, James Beck MD, PhD and H.S Micklem PhD.

What about the kiddie's teeth? They say it's all about the teeth but here is a fun Fact

99.5% of fluoridated household water is used for washing, cooking, bathing and gardening. So surely we should be studying the effects of Fluoride on the environment, our bodies and our general health?

The reality is when it comes to dental health poverty is the defining factor. 55 years after the practice of fluoridation began in the USA, the U.S Surgeon General stated in his report titled Oral Health in America -2000 'Those who suffer the worst oral health are found amongst the poor of all ages, with poor children and poor older Americans particularly vulnerable'. The real culprits of tooth decay being big sugar and the junk food lobby who collectively have the power to build or break Governments. It is a brave politician who criticises sugar. Most will use the standard industry line and say 'all things in moderation'. However, an average chocolate milk drink has 12 teaspoons of refined sugar. To consume that amount of sugar naturally you would need to eat almost your body weight in sugar cane or beet. Impossible.

You mention your Dentist as another figure of authority. It does not surprise me that your Dentist endorses Fluoride. Have you ever considered this - who teaches the Dentists? The two chains of command that promote fluoridation are the Governments Public Health Service network and the National Dental Association professional network. This chain of command is self-perpetuating as each generation of dentists and bureaucrats are taught by the ones before not to challenge the dogma of the 'safety and effectiveness of fluoride' and those who do speak out get publically humiliated and shamed as 'eccentrics or alarmists'.

We all see the world through different filters and perhaps the biggest difference in our understanding or perception of authority and reality is because the world has changed so dramatically over the last twenty or thirty years or that we are from different generations. By the sounds of your letter like many older generations you trust your Government and elected officials to put people before profit and you look to authority figures outside of yourself for guidance. Whereas I challenge authority, call my Doctor by her first name and don't believe everything I read. Neither position is right nor wrong and only time will tell if your trust in the powers that be and the Lismore City Council was justified.

Freedom

The VJ ad said "keep calm and curry on" which it seems about thirty adults and as many children achieved on Saturday 18th July when they turned up for a feast at Rosebank Hall. A handful of self-styled curry aficionados (also RCI members) took it upon themselves to concoct a delicious array of dishes, including hot and not so hot chicken, vego and beef curries, delectably accompanied by rice and an endless supply of pappadams. These were served in style to the brave hearts who ignored the cold to sit around a brazier outside or in the warm hall where the décor hinted at an Indian theme and a touch of Bollywood music in the background made up for the lack of saris and camellias on the tables instead of marigolds.

The organisers of this enjoyable event say they took on a few suggestions for next time. For example, there will be sweets – in fact one of the enthusiastic customers even promised to provide some! The rest of the ideas will remain a secret to be discovered at the next event.

In the end, the aim was not to be a Master-Chef lookalike (though perhaps there was a little competition between the chefs) - no, the idea was to have fun and to provide some, to have good food and to raise some funds for upcoming RCI events and projects. Takeaway was popular and kids came back for more (and more) . It seems all boxes were ticked!

*Terry Gliddon
Rosebank.*



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Community Planning Day

Lismore City Council recently held two Community Planning Forums at Clunes and Rosebank to create a partnership between our communities and council to develop action plans to empower community participation, local vision and strengthen community ownership of local facilities and resources.

Many ideas were tossed around and Community Panels will be formed to bring some of the more popular and feasible ideas to fruition.

Following are the six basic headings and some of the suggestions submitted.

Events: A local food and wine festival - perhaps incorporating Eltham Pantry, Eltham

Hotel, Clunes Cafe/shop, Jilly Wines, Upper Coopers Creek Bakery, Rosebank Store, Il Carretto pizzas and others; open gardens; street garage sales; clean-up days; community produce stalls; performance nights.

Walking or Bike Trails: Suggestions were made to create these along Rosebank Road and Johnston Road.

Communication and Promotion:
Community websites or Facebook pages (e.g. Clunes Co-Op); maps of local attractions and amenities; "Welcome to the Community" packs for new residents; opportunities for cross promotion between areas and to make sure events don't clash.

Arts, Clubs and Cultural Activities: Annual

creative arts festival incorporating visual, musicians, actors, poetry, reading/writers and gallery visits; progressive dinners; art exhibition at Clunes Old School; fashion shows; random installations; Aboriginal culture/bush tucker; sewing groups; men's shed; community forums.

Community Infrastructure: Upkeep and use of public halls; maintain Clunes Old School; repaint bus shelters (murals?); residents' use of roadside garden plots; path and BBQ at Rosebank Recreation Reserve; 'What's On' signs for each community; a rose garden at Rosebank central; village signs (currently being renewed by LCC).

Parks and Open Spaces: Clunes Park upgrade (playground equipment, BBQs, games/exercise area, composting toilets); recreation area clean up working bees; maintain roadside verges and grow native plants; promote the "Rainforest Way" tourist drive through local points of interest.

Forum participants were asked to select their priorities from the extensive list and these projects will hopefully be given priority.

These final priority lists will be the major focus for collaborative projects and council is happy to facilitate and assist with implementation of the ideas and projects but labour and funding will need to come from other sources such as community fundraising, government grants, working bees and community volunteering.

The Lismore City Council hopes to establish a panel of interested local community members in the near future to start the process rolling.

*Compiled by Rod Gibson and
Lydia Kindred*

Communities' Voice

A new political party is forming locally called the 'Communities' Voice', with the aim of providing a voice for all Australians by regular online voting on all the important issues facing us in Australia.

We need 500 members to join before applying for registration, so if you'd like to be a part of this innovative process of giving all Australians a say in the governance of our country, please contact

Lydia on 0421603253 or

email: kindred@nrg.com.au



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Thanks to so many members of the public in the Northern Rivers, WIRES has successfully rescued and released many hundreds of native animals in their more than ten years of service.

This is all possible because WIRES Northern Rivers has a 24 hour hotline easily reached by a local phone number: 6628 1898. Volunteers are ready any time night or day to take your call.

WIRES is a state-wide organisation with branches all over New South Wales. There is a NSW rescue line and a wildlife rescue mobile phone app, great tools if you are travelling around the state and away from the Northern Rivers.

However, if you live in the Northern Rivers, or are travelling in this wonderful region, please use the local number. It connects you to your local WIRES volunteers immediately and ensures the most rapid response they can muster.

So, take a few moments to put the hotline number into your mobile phone. Next time you are out and about and spot wildlife in need, it will be that much easier to reach WIRES.

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WIRES is a registered charity, not a government service, and relies heavily on donations from the general public. Various types of volunteer assistance are needed -- not all members do animal rescues. If you are interested, call the 24-hour hotline on 6628 1898 or go to <http://wiresnr.org/Helping.html> to find out how you can help.

Current State of the Rails

See the You Tube video on the current state of our Casino - Murwillumbah rail line, with some beautiful music by Garth Kindred - it's a nice ride!

https://www.youtube.com/watch?v=rYaKRTDJ3Qk&feature=em-share_video_user

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Kids and Koalas

Our Lady of Lourdes Primary and Tuntable Primary.

NSW Environment Trust funding from 2012 to 2015 enabled planting of around 6,000 riparian trees including koala food and habitat trees. Friends of Koala's participation in 12 education events reaching approximately 2,500 students (as well as their teachers) has, we believe, increased awareness, knowledge, skills and motivation that will benefit koalas across the Lismore local government area.

The project has been so successful that the Trust has awarded a new grant to continue the existing partnerships working on improving riparian areas in the Wilsons River Tidal Pool.

At present Friends of the Koala is involved in two other projects with schools, Goolmangar School Koala Community Connections and Enhancing Koala Habitat at Tregearle Public School and Surrounds, both funded under the Environmental Trust's Eco Schools Grant Program.

Goolmangar students are working with DEEC, us and five other schools (Coffee Camp, Larnook, Blakebrook, Wyrallah Road and Nimbin Central) to learn about local koala populations and what can be done to help their survival. Students are propagating and planting koala habitat trees and developing resource materials that will increase community awareness about koalas. To date two workshops have been held with three schools at each event plus a special workshop for kids interested in making movies about koalas using I pads. Six groups participated and their movies are currently being edited.

Located in one of Lismore's core koala habitat

areas, Tregearle Public School has an active Junior Landcare Group which is committed to improving koala habitat in the school grounds and surrounding areas. Skills including seed collection, seed sowing, seedling potting on, seedling maintenance and tree planting are being learnt.

A greenhouse is already up and running. The first seed sowing session was held in May. The next session, in which students will tend to the seedlings and landscape around the new greenhouse, will be held on National Schools Tree Day. Tree propagation activities are set to become an ongoing school activity into the future. Good news for Tregearle's koalas!

To report a koala in trouble, or a sighting (live or dead), please ring Friends of the Koala's 24/7 Rescue Hotline: (02)6622 1233. For information about koalas, their food trees and how you can assist koala conservation, visit: www.friendsofthekoala.org or email info@friendsofthekoala.org or phone 6622 1233. You're welcome to follow us on Facebook.

Lorraine Vass

President

Friends of the Koala, Inc.



For almost 30 years Friends of the Koala has endeavoured to foster appreciation and understanding of koalas and their needs within the Northern Rivers community. As the group has grown in its organisational learning, members have become more self-confident in sharing that learning to bring about change in others.

Much of our work has been with local schools and in collaboration with the Dorroughby Environmental Education Centre (DEEC). A recent outstanding collaboration that has involved numerous partners is the Wilson River Catchment Schools Education and Restoration Project.

Based on a successful National Schools Tree Day event held at Trinity College in 2011, the Wilson River project brought together Rous Water, Lismore City Council, Southern Cross University, Far North Coast Weeds, North East Waste, Wilson River Landcare Group, Richmond Landcare Inc., WIRES - Northern Rivers, Friends of the Koala and nine schools, Trinity, Richmond River High, Kadina High, Albert Park Public, St Johns College, Woodlawn, St Carthage's Primary, Corndale Public,

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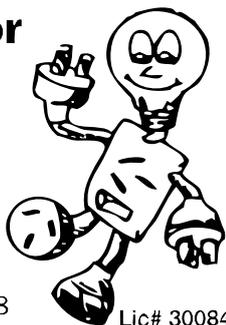
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INGREDIENTS

6 oranges, grapefruits or 6 lemons (or any combination up to 1kg weight)
1 kg sugar

METHOD

Wash the fruit well cutting off any blemishes.

Cut into quarters and remove pips, if you cut the quarter in half it makes it easier to remove the pips. Get out as many as you can but don't worry if you miss a few. They can stay in or you'll be able to see them and scoop them out as its cooking.

Place all the fruit (skin & all!) into the food processor and chop until reasonably fine, you can adjust the consistency at this stage based on your own preference.

Boil with the 750g of sugar, stirring occasionally with a wooden spoon, for about 20 minutes. Taste as its cooking and if it's too bitter add up to another 250g of sugar until it's the way you like it.

Remove from heat and fill your sterilised and heated jars (about 4 standard jam jars).

Devour on crumpets or some Lazy Girl's 10 Minute Bread recipe from the June edition of the VJ. Enjoy!



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TALKING pH

There's pH and there's pH

There is a lot of misinformation out there regarding acidic and alkaline foods. What's alkaline and what's acidic? During the mid 90's a couple of German scientists conducted research that would help clarify this debate. pH testing is used to measure your overall acid/alkaline balance and means "potential of hydrogen". Ranging from 0 to 14 with 7 being considered neutral. There's pH and there's pH. Firstly the body's blood pH is a tightly regulated buffering processes controlled by the lungs and kidneys (pH7.37 -pH7.43). Even the slightest variations can result in catastrophic results, so the body will work hard to buffer the blood at all costs.

Secondly there is urinary pH. Final urinary pH is a reflection of bone and muscle metabolism, detoxification and elimination ability, therefore overall health and wellbeing. In a healthy state our bodies are slightly alkaline. Lifestyle variances such as exercise, stress, ageing, intake, uptake and distribution of nutrients and minerals and excretion ability impact acid neutralisation in the body. All of which normally would be taken care of but not if one is on a highly acid-forming diet.

Urine should sit somewhere between pH6.7 and 7.2

So instead of randomly estimating the final acidic or alkaline properties of a food, Remer and Manz (1995) proved that by using an equation controlling for biochemical reactions and metabolic processes one could determine the potential kidney acid load and

resulting urinary pH of any given food. This method takes into account the mineral and protein composition of foods, average absorption rates of minerals, sulphur metabolism and urinary excretion of organic acids.

This was revolutionary because it proved that one could modify or adjust urine pH by simple diet intervention.

So urinary pH can be seen as a resulting sum of the total acid or alkaline loading we submit ourselves too on a daily basis, taking into account metabolic processes. Consumption of a diet high in "acid forming" animal protein, high phosphorus drinks, hard cheeses and some grains instead of vegetables and fruit may force the kidneys to work harder to maintain equilibrium leaving the body vulnerable and at the mercy of common problems such as digestive disturbances, aches and pains, headaches, fatigue and sleeplessness. The kidneys do this by stealing alkaline minerals from the bones, ineffectively clearing lactic acid and slowing down the blood cleansing process.

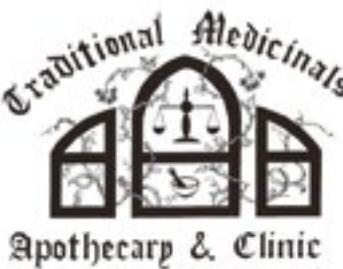
Foods such as coffee, tea, chocolate and some berries are acidic but not because they are actually acidic, but because they contain a chemical oxalic acid which increases alkaline mineral (calcium) losses in the urine. Foods high in salt, excess protein, smoking and caffeine can also do the same.

BY TRADITIONAL MEDICINALS

Alcohol interferes with alkaline minerals by inactivating the enzyme converting inactive Vit D to active Vit D therefore affecting calcium balance.

Alkaline forming values were found almost exclusively in the vegetable and fruit groups as opposed to the highest acid loads in the cheese, meat, fish and grain categories. Only a few foods, protein-rich or alkali-poor vs alkali-rich can markedly alter the daily intake of acid equivalents. Conditions this has particular relevance to is urinary stones, urinary tract infections, osteoporosis, and metabolic disorders. Chronic acidity or latent acidosis affects cell nourishment at the extra cellular matrix, enzyme function, stress adaptation, bone mineral density and detoxification. The only to find out if you are acidic is by testing urinary pH. To find out more ways to balance your pH see the team at Traditional Medicinals.

Written by Crystal Whitney B. Nat. (SCU)
who practices as a naturopath at
Traditional Medicinals.



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Most traditional approaches to health and well-being, including Ayurvedic medicine, are based on the 5 elements. Understanding the balance of these elements within us can be empowering, allowing us the opportunity to soothe uncomfortable symptoms before they progress into disease. As an experienced naturopath and herbalist I love this common sense approach to well-being. When we have an actual disease, depletion or acute illness, herbs and supplements can help us to regain health (eg. Andrographis for the flu). However, sometimes the best medicine is simply "chilling out", especially if we have hot type symptoms. At other times we may need to warm up or stimulate using foods and lifestyle choices, for example when we are cold, stagnating, putting on weight or slightly depressed.

Here we are in the midst of our winter – by using the elements as a guide we can restore or maintain health and balance. Eating warm nourishing food is best for the cold weather. Now is not the best time to cleanse or eat raw foods in general, as they are too cooling. Baked veggies, stews, soups, kitchari and casseroles are all appropriate. Cooking with herbs and spices to aid digestion and/or ginger and turmeric from the garden are encouraged. (Turmeric is hard on your liver if eaten raw – so ideally add it to foods while cooking).

Warming exercise is best during the winter months. Walking up hills and chopping firewood gets us moving and out in nature. Herb teas like echinacea, thyme, oregano or sage (ideally picked fresh from your garden) with lemon and honey, are great to boost immunity and keep colds and flu's away. Add them to your foods too.

Even though we are not forced inside by snow here, the midst of winter is still a good time to go within. Meditating is easier at this time of year – so try it. Slow walking meditation focussing on your feet can be an ideal way to start, or gazing at the fire and simply being still and quiet. Meditation has been shown to cure many illnesses, whether they are physical, emotional or mental. It is a balm for the busy times in which we live.

Plain boiled Hot water is an in-expensive way to keep yourself regular and it clears the head nicely too. Try it if you are feeling sluggish or tired, it is also useful for removing mucous. Sipped regularly it can help prevent weight gain in winter.

One of my favourite healing techniques in winter is a good long hot bath. I add a sprig of fresh lavender and some Epsom salts and it soothes me after a busy day...

Jacinta is available for consultations through Mullumbimby Herbals or www.omhealing.com.au



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- ✓ Protect the bacteria in your system. Use mild, 'septic safe' detergents and cleaners.
- ✓ Check for signs of system failure: areas in the yard that remain moist during dry times; patches of excessive grass or plant growth; or excess algae growth along shorelines. If you see signs of failure, schedule an inspection and repairs immediately.

Skip the unnecessary drama. Take care of your septic system and it will take care of you.



FOR MORE INFORMATION CONTACT ROUS WATER OR YOUR LOCAL COUNCIL.

Vote of no confidence in EPA

Harm to environment from logging under EPA. By D. Pugh

The EPA are proposing a major intensification of logging of our publicly owned native forests.

A vote of 'no confidence' in the Environment Protection Authority (EPA) has been carried by the North East Forest Alliance (NEFA) following revelations that the EPA propose to approve widespread clear-felling of public forests in north-east NSW, reduce protection of headwater streams, and remove the need to protect habitat for many Threatened species, including the Koala.

Rather than establishing plantations on already cleared lands they intend to covert our native forests to short-rotation crops.

It is apparent from these outrageous proposals that the NSW EPA has caved into the Forestry Corporation and ignored their statutory obligation to protect the environment and ensure logging is ecologically sustainable.

Most exclusion areas established around known locations of threatened animals will no longer need to be identified, and areas already identified will be opened for logging.

The EPA have failed to ensure that the Forestry Corporation comply with current laws, but their capitulation to the Forestry Corporation's decades of criminal activities by changing the laws to condone it is institutionalising environmental vandalism.

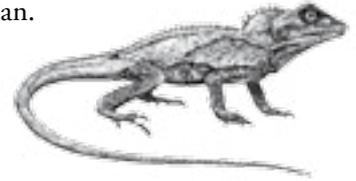
North Coast Environment Council and NEFA

The Department Of Planning and Environment (DoPE) are proposing on getting rid of the North Coast Regional Environmental Plan (1988), apparently because it requires a variety of environmental values to be protected in environmental zones in Local Environmental Plans. This is part of their plan to stop far north coast Councils from implementing their environment zones. It would be great if some others made submissions.

Submissions due 09/07/2015 but can still be made online at

http://planspolicies.planning.nsw.gov.au/index.pl?action=view_job&job_id=6839

You just need to say you object to the repeal of the North Coast Regional Environmental Plan.



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THIS PSYCHOLOGICAL LIFE

...BY STEWART HASE

Snouts in the Trough

Choppergate, featuring the most partisan speaker of the House of Reps that we have ever had, Bronwyn Bishop, has whipped up a frenzy on social media: a veritable typhoon of indignation. This, despite the fact that we have become highly desensitized to the disingenuous behavior, nay antics, of our politicians: it has certainly crossed the invisible honesty-dishonesty line.

Desensitisation is a psychological technique used to treat people with anxiety and, notably, phobias. The idea is that graded exposure to the fear coupled with relaxation reduces the anxiety. It is a very effective treatment. But we can become unwittingly desensitized to all sorts of other things too such as the behavior of our politicians, our leaders. So, when the new LNP Government made a national sport of breaking election promises the reaction was no more emphatic than a leaf crashing to the earth. Another example is the way the daily nonsense dished out by the media is taken for granted and we keep sucking it in without question, even though we know it is flawed. Makes you wonder what it will take for the majority, rather than excited minorities, to become sensitized again and say that 'enough is enough'

Anyhow, that's not the point I want to make

in this little article. It's more about what it is about humans that has shown Lord Acton's statement that, 'Power corrupts and absolute power corrupts absolutely', to be something of a truism. Dan Ariely, a psychologist (see TED Talks) has done some really interesting work on dishonesty. It seems that most of us will be dishonest to a point. We'll fudge a bit here and there, keep that extra little bit of change, tell the odd lie, exaggerate. Most of us break the law daily by speeding and then guiltily slow down when we see a police car or a speed gun.

But, for most of us, there is a line that we won't cross. We'll fudge so far but not too far. There is a part of our brain that kicks in and gives us a quick slap around the head when we are confronted with that line and seem about to move to the dark side. Psychopaths are an exception. It seems true too that when people move into positions of power, even minimal power, they will exploit their situation-what we call that sense of entitlement. And, yes, its most of us, not just psychopaths that do this. Ariely's research uses good cross sections of normal people, not those with personality disorders.

Being an unreconstructed Darwinist, I have an easy explanation for all this. It's all about obtaining an advantage in terms of finding a mate and being able to ensure our



offspring are ours and will survive. Dear Hortense, it is written in the genes.

So, Bronwyn couldn't help herself? Well, yes and no. Yes, she is hard wired to seek advantage and stuff her snout in the trough. But, being civilized, being a leader, being a good citizen means being able to overcome this urge, to recognize where the line is. Claiming the odd car hire or meal when on an overseas trip is one thing. Spending \$88,000 in a fortnight and \$1000 a day limo hires while in Europe is another.

We should expect more of our leaders-all of them. And we need to make more noise about these expectations.

Dr Stewart Hase

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Deep Southern Skies For August 2015

Welcome to a monthly description of our northern NSW night sky for August.

HIGHLIGHTS

- Mercury close to Jupiter and Regulus.
- Mars crosses the Beehive Cluster.
- Comet Catalina in the southern evening sky (only visible in telescopes).

THE MOON

2nd Moon at perigee (closest to Earth at 362,139 km).

7th Last Quarter.

15th New Moon.

18th Moon at apogee (farthest from Earth at 405,848 km).

23rd First Quarter.

30th Full Moon.

31st Moon at perigee (closest to Earth at 358,290 km).

THE PLANETS

Mercury emerges into the western evening twilight this month, joining the two brightest planets, Venus and Jupiter. The planet moves up ever closer to Jupiter and on the 7th will be just 0.6° north (right) of the gas giant with the 1st magnitude star Regulus 1° above the pair and forming a triangle. On the 16th, the young 2-day old slim crescent Moon appears near the planet. This also marks the best time to observe Mercury in the evening sky.

Venus is visible in early August to the south (left) of Mercury and Jupiter, easily outshining both of them. After disappearing into the Sun's glare and inferior conjunction on the 16th, it reappears in the eastern dawn sky as the Morning Star in the last week of August.

Mars reappears in the eastern dawn sky this month. On the 13th, the slender crescent waning Moon appears above the red planet. On the 20th and 21st, Mars traverses M44, The Beehive Cluster. Visible to the unaided

eye under dark skies, the Beehive has been known for thousands of years and Hipparchus catalogued it as the little cloud in 130 BCE. Galileo was the first to realise its true nature when he observed over 40 stars in the cluster in 1609. Today, a good pair of binoculars will reveal at least 75 stars.

Jupiter follows Venus into solar conjunction this month but can still be glimpsed early in the month as it moves through Leo in the western early evening twilight. On the 7th, Jupiter and Mercury appear 0.6° apart forming a triangle with the 1st magnitude star Regulus, with Jupiter being the brighter of the two. After Mercury moves on, Jupiter moves ever closer to Regulus coming within 0.4° of the star on the 11th. Thereafter, the planet gets lost in the dusk sky as it travels towards the Sun and conjunction on the 27th, reappearing in the morning sky late September.

Saturn, moving slowly through Libra, is visible in the early evening northern sky. The planet appears stationary on the 3rd as it comes to the end of its 4.5 month long retrograde loop; it then resumes its west to east motion across the sky as it heads towards Scorpius. On the 22nd, Saturn will be at its highest altitude in the sky and the near First Quarter Moon appears close to the planet.

Uranus rises in the late evening sky in Pisces. The planet, with a greenish hue, remains close to the 5th magnitude double star, Zeta Piscium, making for a fine sight in small telescopes.

Neptune rises in the east at the end of dusk mid-month. At opposition on 1 September, the planet is at its brightest at 7.8 magnitude and though dimmer than Uranus, is still easily identified in a telescope with its bluish disc.

Comets

Comet C/2013

US10 (Catalina) begins August deep in the south in Tucana at 8th magnitude. Visible throughout the night, Catalina rapidly moves through the constellations Indus, Pavo and Apus before finishing the month somewhat brighter in Triangulum Australe. With New Moon on the 15th, mid-month is a good time to observe comet Catalina through binoculars or a small telescope.

Meteor Showers

New Moon favours the peak of the two showers described below but are, unfortunately, not easily observable as the radiant will be below the horizon.

The famous Perseids are the most dependable of the showers and their duration is from 17th July through to 24th August with a maximum predicted for the 13th. The hourly rate in 2005 was 90 meteors per hour and this year could be no exception.

The kappa-Cygnids are not as well known and are active from 3rd to 25th August with a maximum rate predicted for the 25th, infrequent and faint but sometimes producing white/bluish fireballs.

Acknowledgements

Astronomy 2015 Australia. Quasar Publishing 2014.

Sky & Telescope July 2015.

The SkyX Professional Edition planetarium software.

Al Brockman

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Rosebank Public School

Holistic Education at Rosebank

Rosebank PS is in the grip of Sports Mania! As soon as we returned to school from holidays, we all got busy training for the First North Athletics Carnivals. The excellent coaching provided by Jenny from Little Athletics came in handy as our students vied to represent the school. Older athletes braved wet weather to compete in Sprints, Relays, Discus, Shot Put and Ball Games. The whole school later competed in a second event, with even our youngest students enjoying novelty games, Marching and relays. Ahead...the next round in the Small Schools Knockout Competition for Soccer as well as a whole-school Yoga program.

While Rosebank loves Sport, we strive to provide an engaging educational program that responds to all students' individual learning styles, capabilities and needs. Recently, students auditioned for parts in our Whole School Musical, The Lion King. Our school musical is special because every child in the school participates, Whether as a musician in the band, a member of the chorus or a major character, each student will play their part in putting together a

stunning performance, led by our wonderful specialist music teacher, Oliver Pescia. Ahead....happy days for two talented students, Aimee and Ashley, who will soon head off to Creative Arts Camp.

One of the dreams of our school community, expressed during the development of our school plan, was that all Rosebank students would learn a language other than English. This term, students in Kinder and Years 1 and 2 have begun their French studies. Older students have already had a term's instruction in French. We are pleased to announce that, should a mystery benefactor send us on an excursion to Paris, none of our senior students will starve as they can all now ask "Est-ce que je peux avoir un croissant s'il-vous-plait?"

A very special highlight of the new term was attending the meeting of Rosebank Inc. It was so exciting to meet the members of this very important community group and explore ways that we can work together. Next year, Rosebank PS will celebrate its 125th year of providing quality public education for the children of Rosebank. Please consider joining with us to plan celebrations for this very special event. A committee is being

convened to begin

preparations and will have its first meeting on Wednesday September 2nd at 6pm. We'd love to see you there.

Rosebank PS Date Claimers:

Wednesday August 19th 6.00-7.30pm

Information Evening: Getting to Know Rosebank PS

Thinking about Rosebank PS for 2016? Come along to hear about our school's educational philosophy and programs. At Rosebank, it's personal...Come and get to know us.

Tuesday August 25th 6.00-7.30pm

Supporting Your Young Reader

Do you have a young child and you'd like to help them grow into a confident reader? Come along to this special parent education event to learn about how children learn to read and what you can do to help.

All welcome: Please call the school on 6688 2126 to register.

Abigail Sawyer

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Eureka Public School

The students at Eureka Public School have had an amazing Term 2 with great results in and out of the classroom.

Students from the school performed in The Rivers production of Disney's Aladdin Junior at Lismore City Hall a few weeks ago. The production featured over 150 students from schools within The Rivers P-12 Collegiate of schools. It was a musical theatre extravaganza, the likes of which have never been seen before in Lismore. Featuring actors, dancers, choir, circus and band ensembles, it was truly an incredible thing to be involved with. The amazingly talented cast performed to over 2500 people in 6 stunning performances.

Eureka Public School also featured in this year's Lismore Lantern Parade and Fiery Finale. Students marched through the streets with the beautiful Dane Edna lantern, carrying their lanterns they had made at a recent workshop. Then they danced in the Fiery Finale as woodland creatures, the only primary school to participate.

Our P&C have been busy raising funds and applying for grants to further develop our school's kitchen garden program. They are hoping to gain funding for the construction of an outdoor learning space and other infrastructure near our vegetable gardens. The gardens themselves got a makeover during the holidays, ready for replanting in Term 3. The produce from our vegie garden is used each Friday in our Fresh Food Canteen. Thank you to Dean Gallegos for all his work and generosity with the garden makeover and to all our P&C helpers for their dedication to our school and students.

This Term students have been training hard for the First North Athletics Carnivals which saw many students achieve great results. Special mention must go to Pepa Rogers for 2nd place in Junior Girls High Jump and Corban Gonzales-Woods for 2nd place in Shot Putt.

Michael Coleman
Principal



Rosebank Hall Bookings

From the **17th of July until the 17th of August**, the booking officer will be Lydia Kindred. To book Rosebank Hall between these dates, please call

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Goonengerry Public School

From the heights of the Snowy Mountains to the halls of Byron High, it's been an action-packed term so far...

Ski buddies

Didn't we pick the perfect time to hit the slopes?! With snowfall at record levels, the Years 5 and 6 students donned their brightest beanies for an adventurous journey to Canberra and the Snowy Mountains. Joining the senior students from other local schools, this incredible excursion is held every two years and is a fun opportunity for the kids to get to know each other better while also getting familiar with their nation's capital. Then, with politics out of the way, they headed to the slopes to try their hand at skiing. A big THANK YOU to our fearless leader Tracey Barnes who survived the return bus journey with her humour (and sanity) intact!

Sports Champs

After winning almost every race on offer, it's no surprise that Nicky Koutsoubis and Felix Pyle were crowned Senior Boys and 11-year Boys Champions respectively at the recent Small Schools Athletics Carnival. Well done, guys, and special mention to little Tashi who is a future champ in the making! Congrats to everyone who took part and all those now representing us at the Brunswick Valley Athletics Carnival on July 31. Good luck, Andy, Aroha, Nyha, Tarquin, Nicky, Felix and Peter!

Arty smarties

What a treasure trove of art we've lined up this term. It started with NORPA's 26-Storey Treehouse at the Lismore City Hall on July 17, followed by another great performance from our students at the 2015 Lighthouse ValleyFest Concert, held at Byron High School on July 28 and 29. And on August 4: an inspirational session with two of the world's best children's authors Jackie French and Jacqueline Harvey at the Byron Bay Writers Festival.

Thursday Playgroup

Don't forget our playgroup each Thursday from 9am to 11am during the school term. All families welcome. Bring your little ones along to play in the wooden fort and sandpit while you catch up with other parents over cups of tea and cake.

Welcome newbies & Kinders!

Finally, a warm welcome to our newest students, Zaska, London and Ceda. It's been wonderful having you onboard and a delight to see you settle in so well. We're also looking forward to welcoming future Kinder Kids and will be holding our Orientation For Kindergarten 2016 from Thursday 27 August. This is a parent information session and in-school experience for the littlies and everyone is welcome. For more information, drop in to the school or call Mandi on: 6684 9134.

GOONENGERRY PS PRESS OFFICER:

Christina Larmer 0266849120



Rosebank Recreation Reserve - seeking more enthusiastic land carers

Once a month we commit to getting down to the reserve on Armstrong Road, Rosebank, between 8 am and 11 am on the third Saturday of the month to do a weeding, clipping and clearing. We set about clearing paths, lift newly sprouting lantana, privet and camphor or painstakingly removing the seriously invasive Madeira vine which produces a distressing amount of tubers that travel underground and on the stems like some terrifying alien being. Others work on getting the fabulous composting dunny fully accessible with a new ramp (help needed here) and bring along the heavier tools to brush cut and mow. A few land carers have moved on (Joan and Alan) and with them went the Kubota ride-on which made short work of the cleared area and meandering paths, so if you have a spare 30 minutes and sharp blades it would be great if you can assist every now and then. If you haven't visited Rosebank reserve, it's a great place to stop and recharge the batteries, to cool down with tables, fantastic public convenience and with funds and volunteers willing, a BBQ! See you there next month!

Bernadene Sward



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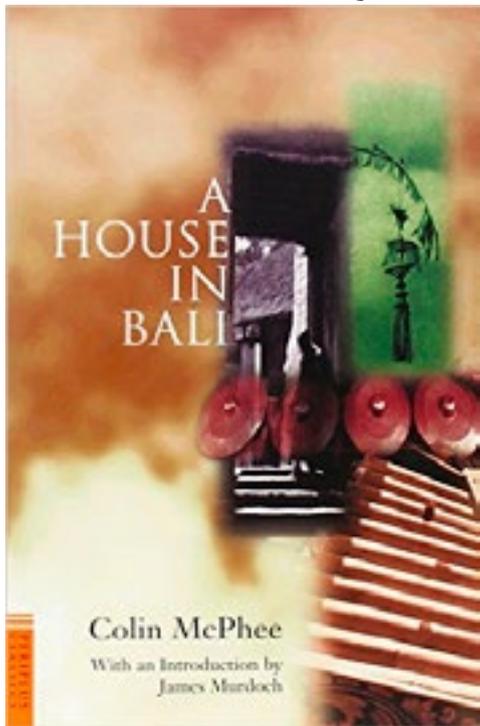


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A House in Bali by Colin McPhee

...Ian Browne



writes about the people of Bali with a fast-paced intimacy that I wish I could have mastered within my Asian odysseys. Not only is this a journey into the village life of 1930's Bali, but a nod-and-wink to the music and drama that breathes life into these spiritual people.

Though McPhee's main ambition within this well-penned chronicle is to investigate the musical culture, he too sheds light upon the cultural dynamics; taboos, while painting the fears of the villagers to life. Highlighted are the islander's belief systems and ceremonial rituals, rigid and diverse, leaving the most hardened vegans horrified. Dispersing musical endeavours within the island's daily events, in stages he explores the structure of the gamelan's music and associated instruments with dizzy intent. This is not for everyone, but he once again leads you back to the colour, climate and poetic landscape of this beautiful island, where the characters become part of your every day. His communication of the relationships between the Balinese characters, and his mentoring of the gamelan performers, is honourable. Exciting too is his voyage to the places of this past world, both familiar to many of us, and those unfamiliar.

Colin McPhee really speaks to both the visual and the audio, from moonlit swimming holes perched within mountain jungles, to the cockerel awakening us far too early on the arriving dawn, as a new village day arrives. His descriptive devotions to the love of the shadow play and folk-storytelling are plentiful. I really enjoyed the building of his house, set on the edge of a village by a cemetery, its staff, and the cringe-worthy socio-politically-necessary ceremonies he has to commit to. Having worked with indigenous groups in the Top End from across northern and central Australia; and within my many sorties to village-life Asia, I have witnessed and respected many cultural beliefs. What takes place in the final stages of this book will leave you gaping at the jaw and realising just why these folk are so spiritually-connected. I too have seen something similar in Caringbah-Sydney, and at night in Kakadu. One of my top 30 books of all time, Colin McPhee's *A House in Bali* published by PERIP-LUS, witness Bali from a different vantage point.

Bali, what an island! I used to travel to this Hindu paradise from Darwin, but I never wrote about the place. Instead, I used Ubud and Amed as a hide-away to unwind from a busy work- life back home in even hotter Darwin. I also made friends with families, and was lucky in being welcomed to travel out to forest family abodes, those happy homes away from the usual tourist traps. But many years before myself, or even the cast from *Morning of the Earth* surfed their way around the island, Colin McPhee pondered life there.

Canadian born Colin McPhee was a virtuoso pianist who moved to New York, delving into the 'New Music' scene there where he instigated a new style of music as a 'middle ground' between the two classical styles. To quench his passion for Balinese music, McPhee travelled to Bali in 1931 to explore all facets of the gamelan. *A House in Bali* was first published in 1947; many years after Colin left the island, never to return. From his time there he published *Music in Bali*, which to this day remains the 'leading reference work for Balinese musicians and composers'. An insight into how the West perceives the 'value of other cultures', he

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“Sonic Bliss”

World Music with Ren Waterfall



By Ian Browne - Shamrock News

Ren Waterfall: At the cafe Gerard and I play under the title *Sonic Bliss*. We usually dress in Indian attire, but are still in theme from yesterdays Lantern Parade and wearing medieval gear. We started out here at the Nimbin Bush Factory around five years ago as “World Music for Peace”.

With *Sonic Bliss* we play music from countries we are in conflict with to help people appreciate those cultures and to promote peace. We also explore many different styles of music, from Celtic songs about St. Patrick, to Arabic and Indian. It's folk and spiritual music of the people and the world. Musicians tend to be nomadic; they come and go, and we get to enjoy delving into a diversity of styles.

Amongst the instruments I played today is a corn flute that I made from a French cow's horn, and a chalumeau, which is a medieval French clarinet. Steve Holt sometimes joins in with his oud and Debora Turner with her darabuka. I also play tabla, which are Indian hand drums that I find spiritually engaging. Interestingly, Indian instrument names often sound like the sound they produce. I also play the hammer dulcimer, which is an early piano originating from the Middle East. The audience often express a lot of appreciation for our music, saying they enjoy the beautiful sounds, and that it is peaceful and blissful.

Over the last few years I have performed with the amazing French group “Les Derniers Trouveres” that play Celtic and other styles of historical music in costume at medieval festivals. It is exciting to be a part of this culture, and I am fortunate to be among some very talented and committed musicians and dancers. It is very colourful and inspiring.

To see more of the French group have a squiz @ <http://lesdernierstrouveres.com>

“Sonic Bliss”

World Music with Ren Waterfall



During the Lantern Parade in Lismore, Ren Waterfall was busy within Rognvalds Lith Viking Encampment adjacent the Oakes Oval, playing medieval tunes with musicians Leif Larkin during the lunch feast, and Gerard Lynam during their dinner feast. During the afternoon he joined Orkeztar Lismore for two performances that included locally written arrangements by Jude Magee and Mark Bromley.

I caught up with Ren after his usual Sunday morning gig at the relaxing and colourfully inviting Phoenix Rising Café, situated by the creek at the Nimbin Bush Theatre. Alongside local musicians Gerard, Laya, Rainer, Steve, Deborah, Raine, Kavi, Yolanda, Katrina, and many others... a diverse mix of enchanting world music, influenced from such places as India, the Middle East and from throughout Europe is presented.





Federal Loves Refugees

Federal Hall, Saturday August 15

MANY people struggle to find a practical way to help refugees seeking asylum in Australia, but Federal is about to host an event that can be an outlet for those frustrations.

Federal Loves Refugees will see a screening of the award-winning documentary *Between the Devil and the Deep Blue Sea* made by Jessie Taylor with the help of Ali Reza Sadiqi.

The pair travelled throughout Indonesia and met with 250 asylum seekers in jails, detention centres and hostels. Much of the footage was captured using hidden cameras at great personal risk to the filmmakers.

Through the words of the refugees themselves, the story of their flight from persecution in their own country and hazardous journey through Indonesia to Australia is told. It answers questions why do refugees leave home? What do they leave behind? And why they choose to go down the dangerous path of hopping onboard leaky people smuggling boats to get to our shores.

The film will be followed by one refugee's tale of his harrowing journey to Australia.

Abdul Ibrahim escaped Afghanistan when he was seven years old fleeing to Pakistan, Iran, and Indonesia from the Taliban. His journey to Australia will be recounted in conversation with author and journalist Susanna Freymark.

It costs \$20 to get in the door and it includes a delicious Afghani inspired feast and fresh bread from the bakers at The Farm.

All proceeds from the night go to Community a Brisbane-based organization supporting asylum seekers with basic living expenses.

Entry gets you dinner, the doco and great guest speakers. In addition there will be a raffle at the door, tea, coffee and cake at interval.

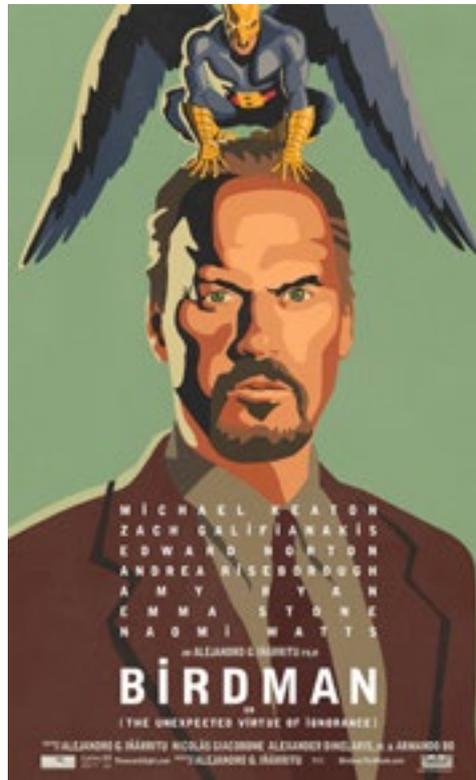
Federal Loves Refugee is on **Saturday, August 15** at Federal Hall. Dinner served from 6.30pm, film and guest speakers from 8pm.

For further information phone Julie Lipsett on 0421 250 240 or email julie@jlarchitecture.com.au

Please note the film is not suitable for young children.

Birdman (2014) - 08 August

An invigorating experience in story, performance and direction, *Birdman* is an award winning black comedy about an ex-superhero actor trying to win back his integrity and the respect of his family in the lead-up to the premiere of his Broadway play.



Tokyo Story (1953) 12 Sept

A 1953 black and white Japanese film directed by Yasujiro Ozu, conveying the simple tale of an elderly couple's trip to Tokyo to visit their children. This unique film is an unsentimental insight into the human condition, expressed through Ozu's distinct and masterful direction. Every scene is meticulously composed to achieve what some critics have described as cinematic perfection.

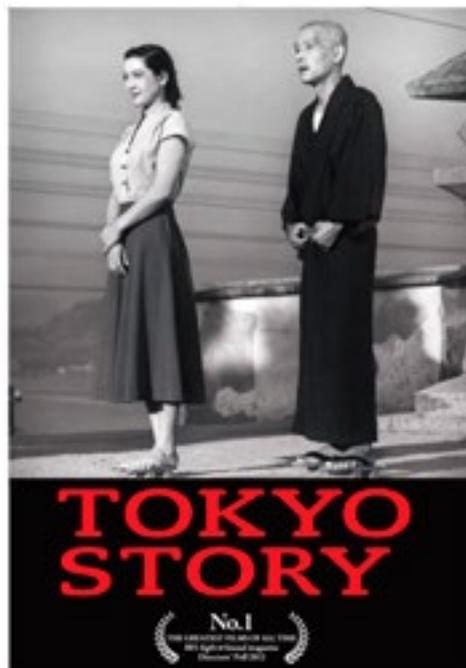
Ozu's unique style of cinematography subverts many of the established rules of filmmaking and makes his films instantly recognisable. There is a very photographic feel to his filmmaking, all scenes are shot with a 50mm lens from a kneeling position with the camera remaining still. There are no fade-outs, dissolves or dolly shots, and Ozu ignores many of the conventions of mainstream cinematography.

For his aesthetic depiction of Japanese culture and tradition, Ozu has been called 'the most Japanese of all directors'. This is particularly evident in his use of visual spaces functioning like the pillow words in Japanese poetry. These brief scenes, described as 'stepping stones' or 'the emptiness that gives heightened meaning to form' are often unpeopled and autonomous. They consist of simple subjects such as teapots, trains or washing on the line. The narrative stillness creates a reflective space for both the characters and the viewer.

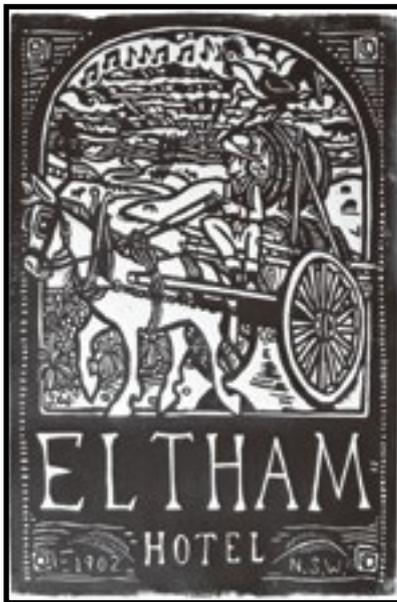
The genius of Ozu is in the compassion and empathy he brings to the portrayal of human nature through the subtle power of film, where 'the parts fit so perfectly that one is never conscious of the virtuosity with which it is done'. His filmmaking style has influenced many famous directors and provides inspiration for countless others.

The meditative detachment of Ozu's films produces a profound and very different film experience from watching a western film in glorious technicolour. *Tokyo Story* tells a universal story as simply and evocatively as a haiku. Yet for all its apparent simplicity, it is a film that is hard to forget.

As one critic put it 'Sooner or later, everyone who loves movies comes to Ozu'.



**Food by local community group from 6.30pm.
Movie starts at 7.30pm**



WHAT'S ON IN AUGUST

- Sun Aug 2nd @ 2pm SLIM PICKENS
- Wed Aug 5th @ 6:30pm NOT QUITE FOLK JAM NIGHT
- Thu Aug 6th @ 6:30pm BRAINTEASERS TRIVIA
- Fri Aug 7th @ 7pm INSIDE OUTLAW
- Sun Aug 9th @ 2pm LEIGH JAMES
- Thu Aug 13th @ 6:30pm BRAINTEASERS TRIVIA
- Fri Aug 14th @ 7pm JAEDEN OGSTON
- Sun Aug 16th @ 2pm DIRTY RIVER DUO
- Thu Aug 20th @ 6:30pm BRAINTEASERS TRIVIA
- Fri Aug 21st @ 7pm NICOLE BROPHY
- Sun Aug 23rd @ 2pm ROMANIACS TRIO
- Thu Aug 27th @ 6:30pm BRAINTEASERS TRIVIA
- Fri Aug 28th @ 7pm ROMANIACS TRIO
- Sun Aug 30th @ 2pm NEIL McCANN DUO

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Queensland Theatre Company

COUNTRY SONG

A FICTIONALISED STORY INSPIRED BY THE LIFE OF JIMMY LITTLE

NORPA at Lismore City Hall
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/RepentanceCreekHall

Saturday 29th August from 4:00 pm - Repentance Creek Hall

FEDERAL LOVES REFUGEES



ALL PROCEEDS GO TO **communityfy**

A Brisbane community organisation supporting asylum seekers with basic living expenses

BETWEEN THE DEVIL & THE DEEP BLUE SEA FROM 6:30PM

Not recommended for children

Federal Hall, Saturday 15th August

\$20 AT THE DOOR INCLUDES HEART-WARMING AFGHANI-INSPIRED FEAST SERVED AT 6.30PM

DOC & GUEST SPEAKER AT 8PM

SATURDAY 15 AUGUST

WOULD YOU LIKE TO DO SOMETHING PRACTICAL TO SUPPORT REFUGEES? COME ALONG...

Further details contact julie@jarchitecture.com.au

The Village Journal

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**September Issue
Deadline 22nd August**

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Echidna - By S. McGrigor

August 2015

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01 Alstonville Farmers Market Lismore Farmers Market	02 Lismore Car Boot Market Byron Bay Market	03	04	05	06	07 Mullum Farmers Market
08 Federal Films Birdman @ 7.30 Alstonville Farmers Market Lismore Farmers Market	09 Channon Market	10	11 Rainbow Region Organic Market @ Showground 7.30-11AM	12 Whian Whian Playgroup WW School 10-11.30am Eureka Playgroup 9.30 - 11.30am	13 Byron Farmers Market Trivia 6.30PM @ Eltham Hotel Lismore Produce Market 3.30-6.30PM	14 Mullum Farmers Market
15 Rosebank Landcare @ Rosebank Reserve 8-11am Alstonville Farmers Market Lismore Farmers Market	16 Lismore Car Boot	17	18 Rainbow Region Organic Market @ Showground 7.30-11AM	19 Playgroup WW School 10-11.30am Eureka Playgroup 9.30 - 11.30am	20 Byron Farmers Market Lismore Produce Market 3.30-6.30PM	21 Mullum Farmers Market
22 Repentance Creek Hall Pizza Night 4pm Alstonville Farmers Market Lismore Farmers Market	23 Bangalow Village Market	24	25 Rainbow Region Organic Market @ Showground 7.30-11AM	26 Whian Whian Playgroup WW School 10-11.30am Eureka Playgroup 9.30 - 11.30am	27 Byron Farmers Market Lismore Produce Market 3.30-6.30PM	28 Mullum Farmers Market
29 Alstonville Farmers Market Lismore Farmers Market	30 Byron Bay Market	31	01 Rainbow Region Organic Market @ Showground 7.30-11AM	02 Whian Whian Playgroup WW School 10-11.30am Eureka Playgroup 9.30 - 11.30am	03 Byron Farmers Market Lismore Produce Market 3.30-6.30PM	04 Mullum Farmers Market